

# Registration Form

**When** Saturday, May 2, 2009  
Registration at 8:00 a.m.  
Race Begins at 9:00 a.m.



The Women's  
Community, Inc.



**Where** 400 Block  
Downtown Wausau

*Taking Steps Against Violence*  
**5K/10K RUN WALK**  
**MAY 2, 2009**

**Cost** \$15 postmark by April 27, 2009  
\$25 race day  
Includes T-Shirt  
Race Director: Todd Seliskar

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## Please detach and Mail Registration Form



Please make checks payable to:  
The Women's Community  
Mail to: The Women's Community  
2801 N 7<sup>th</sup> Street Ste 300, Wausau, WI 54403

First \_\_\_\_\_ MI \_\_\_\_\_ Last \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Zip Code \_\_\_\_\_

Age Day of Race \_\_\_\_\_ Sex (Please circle) M F Race (Please circle) 5K 10K

Shirt Size (Please circle) S M L XL XXL

E-mail Address \_\_\_\_\_

*I know that running or otherwise participating in a road race or club event is a potentially hazardous activity which could cause injury or death. I understand that I should not enter or participate in these events unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with participating in these events, including but not limited to: falls, contact with other participants, effects of weather, including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades and animals are not allowed in this event and I will abide by this guideline. Having read this waiver and knowing these facts and in consideration of your accepting my registration, I, for myself and anyone entitled to act on my behalf, waive and release the organizers, Marathon County Parks System, Wausau Area Jaycees and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of these events for any legitimate purpose.*

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian (if entrant under 18 years) \_\_\_\_\_

**RACE HELD RAIN OR SHINE - NO REFUNDS, EXCHANGES, OR TRANSFERS**